
Family Resource Center
Johns Hopkins Children's Center, Room 301

**BIBLIOGRAPHY OF BOOKS AND VIDEOS DEALING WITH
CHRONIC ILLNESS**

Anderson, Marcella F. **Hospitalized Children and Books: A Guide for Librarians, Families, and Caregivers.** 2nd edition (Metuchen, NJ: The Scarecrow Press, 1992) FRC REF 027.6

Bearison, David J. **"They Never Want to Tell You." Children Talk About Cancer.** (Cambridge, MA: Harvard University Press, 1991) FRC 616.994 BEA

Narratives of children coping with cancer. They speak with a candor that breaks through the cultural taboos ostensibly designed to protect us from the disease.

Bluebond-Langner, Myra. **In the Shadow of Illness: Parents and Siblings of the Chronically Ill Child.** (Princeton, NJ: Princeton University Press, 1996) FRC 155.9 BLU

The author describes the effect of cystic fibrosis of a child on the well siblings and the parents.

Brett, Doris. **Annie Stories: a Special Kind of Storytelling.** (Workman Publishing, 1988) FRC 152.4 BRE

Nine stories explore common childhood anxieties and fears about such subjects as nightmares, new babies, going to the hospital, starting school, sickness, divorce, and death. Throughout the book the author shows parents how to adapt each story to fit their own child and offers advice to help reinforce this.

Chicken Soup for the Surviving Soul: 101 Stories of Courage and Inspiration From Those Who Have Survived Cancer. (Health Communications, 1996) FRC 362.1 CHI

Clark, Cindy Dell. **In Sickness and in Play.** (Rutgers University Press, 2002)

The author has interviewed forty-six families who have children with chronic illness. These provide insights as to how the children themselves perceive and cope with their illnesses.

Dailey, Barbara. **Your Child's Recovery: A Parent's Guide for the Child With a Life-Threatening Illness.** (New York, NY: Facts on File, 1991) FRC 362.1 DAI

Practical advice for the parent on every aspect of the child's illness.

Droter, Dennis. **Psychological Interventions in Childhood Chronic Illness** (American Psychological Association, 2006) FRC 618.92 DRO

Psychological interventions to promote treatment adherence, patient coping skills, and family adaptation to the demands of a chronic illness.

Garwick, Ann E. **Promoting Resilience in Youth with Chronic Conditions and Their Families.** (MA: Maternal & Child Health Bureau, 1996) FRC 362.1 GAR
How to help adolescents recover from adversity and adapt to change.

Golden, Thomas R. **Swallowed by a Snake.** (Golden Healing Publishing (MD) 1996
FRC 362.1 GOL
Describes the differences in how the genders differ in their healing, and how we can benefit from this understanding.

Grealy, Lucy. **Autobiography of a Face.** (Perrenial, 1994) FRC 362.1 GRE
True story of the author who suffered from the psychological effects of the physical appearance of her face due to cancer.

Housden, Maria. **Hannah's Gift: Lessons from a Life Fully Lived.** (Bantam Books, 2002)
FRC 362.1 HOU
Hannah's mother writes about her rich relationship with her daughter in spite of struggling through cancer.

Journeys: Find Life's Way in Spite of Obstacles. Alison R. Evans et al. (Porcupine Enterprises, 1990) FRC 362.151 EVA
Stories of courage and resilience of people who have have dealt with great obstacles.

Kaufman, Miriam. **Easy for You to Say: Q & A's for Teens Living with Chronic Illness or Disability** (Firefly Books, 2005)

Klane, Deborah. **An Autumn Called Evan: Life With an Exceptional Child.** (Seven Coin Press, 2002) FRC 362.1 KLA
A mother's account of how she coped with Evan's illness. Combines a variety of forms; memoir, poetry, drawings, photographs.

Lee, Rebecca. **Living With Differences 11: A Collection of photography and writing.** (Denver, CO: Children's Legacy, 1998 - 2000) FRC 362.1 LEE
Twenty four images and stories that depict children who have had cancer HIV/AIDS and sickle cell anemia.

Leff, Patricia and Elaine H. Walizer. **Building the Healing Partnership: Parents, Professionals & Children with Chronic Illnesses and Disabilities.** (Brookline Books, 1992)
FRC 362.1 LEF

McCollum, Audrey T. **The Chronically Ill Child: A Guide for Parents and Professionals.** 2nd edition. (New Haven, CT: Yale University Press, 1981) FRC 362.1 CHR
Covers the problems and reactions of disabled children of various age periods, and of the parents who are trying to help them.

Schur, Rabbi Tsvi G. **Illness and Crisis: Coping the Jewish Way.** (Oliverstone Print Communications, 1987)

Portrays a humanistic approach to dealing with illness and death. Discusses the role of the hospital chaplain.

Singer, Alesia T. Barrett. **Coping With Your Child's Chronic Illness.** (San Francisco, CA: 1999) FRC 618.92 SIN

A practical guide for concerned parents who need support, effective ideas, and resources for dealing with their child's chronic illness.

FOR CHILDREN AND YOUNG ADULTS

Berger, Larry, Dahlia Lithwick and Seven campers: **I Will Sing Life; Voices from the Hole in the Wall Gang Camp.** (Boston, MA: Little, Brown and Company, 1992) FRC 362.1511

Seven children with life-threatening illnesses share their perspectives on life. Age: young adult.

Drescher, Joan. **The Moon Balloon: A Journey of Hope and Discovery for Children and Families.** (Association for the Care of Children's Health) FRC 152.4 DRE

The Moon Balloon has powerful imaginative images and is a way for children to open to their healing potentials of mind, body and spirit.

Gosselin, Kim. **Taking Asthma to School.** (St. Louis, MO: Jay-Jo Books, 1995) FRC 616.238 GOS

Advice for children with asthma helps provide an emotionally safe environment; thus allowing classmates to view them as normal kids who just happen to have asthma at no fault of their own.

PreK - K. Designed to be read aloud in the child's classroom.

Huegel, Kelly. **Young People and Chronic Illness: True Stories, Help and Hope.** (MN: Free Spirit, 1998) FRC 362.151 HUE

Presents true accounts of young people living with a chronic illness including how they have learned to cope and remain hopeful; also includes strategies for living with a chronic medical problem.

Klett, Amy. **The Amazing Hannah. Look at Everything I can Do!** (Growing Hope Foundation, 2002) FRC 616.99419 KLE

The true story of a child with leukemia, and all the procedures she goes through in the hospital. Presents the child's hospital experience very positively. Age: 2 - 4

Moss, Millicent. **The Sunshine Box: Millie's Fanciful Journey To Hope.** (Oregon: Gold 'n' Honey, 1998) FRC 616.08 MOS

In this timeless children's classic set in the forties, a young girl who becomes seriously ill is given a special gift called "The Sunshine Box." During the girl's lengthy recovery, the contents of the mysterious box are a source of continued imaginative pleasure and joy.

Ages 4 - 8

Rogers, Fred. **Some Things Change and Some Things Stay the Same.** (Pittsburgh, PA: Family Communications, Inc., 1989) FRC REF 616.994 ROG

Mr. Rogers demonstrates that as difficult as it is to accept life with cancer, there is still much that one can enjoy in life, and that other good things remain the same.
Preschool - Grade 3

Zonta, Pat. **Jessica's X-Ray** (Firefly Books, 2002) FRC 617 ZON
When Jessica goes to the hospital after she breaks her arm, she learns about different x-ray techniques. Includes six actual x-ray images printed on film.
Age: 2 - 6

BOOKS FOR SIBLINGS

Amadeo, Jamie. **There's a Little Bit of Me in Jamey**. (Albert Whitman & Company, 1989)
Brian, whose younger brother Jamey has leukemia, feels frightened, confused, and neglected by his parents; but finds comfort when he donates bone marrow to his brother.

Beall-Sullivan, Christina. **Hi, My Name is Jack (a book for the healthy siblings of chronically ill children)** Self-published, 2000. FRC 362.1 BEA
Jack has a sister Molly who is often sick and has to go to the hospital. He experiences loneliness, resentment and anger, and then feels very guilty when he is mean to Molly. His parents give him special time together, and he knows that mom, dad and Molly love him all the time. Age: 2 - 6

Bridge, Chris. **Andrew's Story: a Book about a Boy Who Beat Cancer** (Lerner Publications, 2002) FRC 362.1 BRI
A true story tracing Andrew's experience with cancer from the age of 3 - 9, after which he was completely cured. However he has to still cope with the emotional effects of hospitalization. After returning to the hospital as a visitor instead of a patient, Andrew comes to terms with his feelings of people hurting him. Age: 3 - 10

Heegard, Marge. **When Someone Has a Very Serious Illness: Children Can Learn to Cope With Loss and Change**. (Woodland Press, 1991) FRC 362.1 HEE
A workbook for children who has a member of their family who is ill. The author discusses the fact that life is always changing, and that people who were well could become ill. Presents the different types of illnesses, and encourages kids to talk about their feelings relating to the illness. Age: 4 - 9

Peterkin, Allan. **What About Me? When Brothers and Sisters Get Sick**. (Magination Press, 1992) FRC 362.1 PET
Laura experiences conflicting emotions when her brother becomes seriously ill. The book includes suggestions for parents to help their well children cope with a chronically ill sibling.

Schulz, Charles M. **Why, Charlie Brown, Why? A story about what happens when a friend is very ill**. (Topper Books, 1990) FRC 616.99419 SCH
Explores what happens when a friend becomes very ill. The members of the Peanuts gang have varying reactions when they learn that their friend Janice has leukemia and they follow her treatment and ultimate recovery.

VIDEOS

Coping & Connecting: Teens Talk About Living With a Chronic Illness. (St. Paul, MN: Children's Healthcare, 1997) FRC 362.1 TEE VHS # 249

Young adults talk candidly about what it's like to be diagnosed with a chronic or life-threatening illness, the challenges they face, and what has helped them to cope.

The Shattered Sugar Bowl: Kids with Diabetes Speak Out. (Through Our Eyes Production, 1994) FRC 616.462 SHA VHS #114

Adolescents with diabetes discuss the psycho-social aspects of diabetes, patients demonstrate how young people can lead active and vital lives while maintaining consistent control of their conditions.

Something So Big: Teenagers and Cancer. (Toronto, CA: The Caber Production Company, 1995) FRC 616.994 VHS # 121

Cancer patients, ranging in age from 13 - 20 describe their diagnosis, treatment, and return to school in interviews conducted in hospitals, homes and community.

Back to School: Teens Prepare for School Reentry (Starbright) FRC 362.1 BAC video VHS #301

Conversations with children and teenagers who are returning to school after a serious illness or injury. Includes illnesses like cystic fibrosis, heart transplant; burns; asthma

You're In Charge: A Video for Parents of Chronically Ill Children. (Washington, DC: State of the Art, 1992) FRC 362 VHS # 272

Answers the questions that parents of chronically ill children may have: How to get the most out of your medical care team. How to talk with your doctor and get answers to your questions. How to continue your child's care at home and to prepare for emergencies, and how to keep your spirits and health up.

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