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**STORYBOOKS FOR CHILDREN**  
**DEALING WITH A VARIETY OF SPECIAL NEEDS**

**THEMES COVERED**

ABANDONMENT  
ABUSE  
ADOPTION  
AIDS  
ALLERGIES  
ALZHEIMER'S DISEASE  
AMPUTATION  
ASTHMA  
AUTISM  
BABIES  
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BRAIN INJURY  
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COPING WITH DEATH AND DYING  
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DEATH (see COPING WITH DEATH)  
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LEARNING DISABILITIES

LEUKEMIA  
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OLD AGE  
PHYSICAL CHALLENGES  
PREMATURE BABIES  
PROSTHESIS (see also AMPUTATION)  
PSYCHOTHERAPY  
REMARRIAGE  
RHEUMATOID ARTHRITIS  
SCOLIOSIS  
SELF ACCEPTANCE  
SIBLING RIVALRY  
SICKLE CELL ANEMIA  
SPINA BIFIDA  
STROKE  
STUTTERING  
SUICIDE  
TERMINAL ILLNESS  
TRAFFIC ACCIDENTS  
TRANSPLANTS  
TRAUMA  
VISUAL IMPAIRMENTS  
WHEELCHAIRS  
WOUNDS AND INJURIES

### **ABANDONMENT**

**Mama, Let's Dance** – Patricia Hermes 646.78 HER

Abandoned by their mother after the death of their father, three youngsters are determined to keep their situation a secret so that the authorities will not split them up and send them to foster homes.

Young adults

### **ABUSE**

**A Family That Fights** – Sharon Chesler Bernstein. 362.8292 BER

Henry's parents fight often and his father sometimes hits his mother, causing Henry to feel frightened and ashamed. Includes a list of things children can do in situations of family violence.

**No More Secrets for Me** – Oralee Wachter 362.76 WAC

In four separate stories on the theme of sexual abuse of children, young victims are able to articulate their feelings and defend themselves, often with the help of another person whom they trust. Ages 2 - 14

**Something Happened and I'm Scared to Tell** – Patricia Kehoe 362.76 KEH

The story focuses on rebuilding the very fragile self-image of the young child who has suffered abuse.

Ages 3-7

**Your Body Belongs To You** – Cornelia Spelman. 362.76 SPE

Explains what to say and do if someone touches your body when you do not want to be touched, especially when the action involves the touching of private parts. Ages 3 - 6

## ADOPTION

**The Boy Who Wanted a Family** – Shirley Gordon 646.78 GOR

Explores the hopes, fears, and experiences of a young boy and his new mom during the one-year waiting period before he can be legally adopted. Grades 4-6

**I Love You Like Crazy Like Crazy Cakes** - Rose Lewis 646.78 LEW

A woman describes how she went to China to adopt a special baby girl. Based on the author's own experience.

**We See the Moon** – Carrie A. Kitze. 646.78 KIT

A Chinese tradition during the Mid-Autumn festival, is to look to the moon to connect with family and loved ones who cannot be together. This belief is woven into the concept of adoption.

Ages: 3 - 7

## AIDS

**Alex, the Kid with AIDS** – Blanche Sims 616.9792 GIR

Alex, a fourth grader with AIDS, makes a new friend and learns that although he is sick, he can't misbehave in school

**Come Sit by Me** – Margaret Merrifield 616.9792 MER

Nicholas has AIDS and most children don't want to sit next to him. Karen decides that he is her best friend, but then the kids don't want to sit with her. Her parents find out and call a meeting for the parents of the class. A great deal is learned about AIDS.

Ages 4-8 and caregivers.

**Losing Uncle Tim** - Mary Kate Jordan 155.937 JOR

When his beloved Uncle Time dies of AIDS, Daniel struggles to find reassurance and understanding and finds that his favorite grown-up has left him a legacy of joy and courage.

**Z's Gift** – Neal Starkman 616.9792 STA

Zachariah's teacher tells the class that she had AIDS. Some of the parents are afraid that it might be contagious. A discussion of whether this is so or not ensues, and clarifies what AIDS is about.

## ALLERGIES

**Aaron's Awful Allergies** – Troon Harrison and Eugene Fernandes 616.97 HAR

Aaron loves dogs and other animals, but is not able to continue to keep his pet dog, his calico cat, or his guinea pig because of his allergies. He then gets a goldfish, loves it and takes it everywhere with him.

**I'll Never Love Anything Ever Again** – Judy Delton 616.202 DEL

A little boy's allergies force him to give away his beloved dog. Grades 1-3

**Sam the Allergen** – Charlotte Casterline 616.238

Sam is the dog who is the allergen agent, and he has to sleep out of the house when it is discovered that his owner is allergic. The dog accompanies the father who wants to smoke, and all is well. Ages: 4 - 8

**Determined to Win** – Thomas Bergman 616.238 BER (for description see ASTHMA)

## ALZHEIMER'S DISEASE

**A Beautiful Pearl** – Nancy Whitelaw 362.1381 WHI

Although her mind is deteriorating from the effects of Alzheimer's disease, Grandma presents Lisa with a special gift on her birthday. Grades 1-3

**Grandma's Soup** – Nancy Karvosky 362.13831 KAR

A young girl confronts her grandmother's growing confusion and disability from Alzheimer's disease. Preschool through Grade 2

**The Memory Box** – Mary Bahr 362.13831

When Gramps realizes that he has Alzheimer's disease, he starts a memory box with his grandson, Zach, to keep memories of all the times they have shared. Grades 1-3

**My Granny** – Marsha Kibbey 362.1 KIB

When eight-year-old Amy has to share her bedroom with her grandmother who has Alzheimer's Disease, she learns to give her the patience she needs.

## AMPUTATION

**My Brand New Leg** – Sharon Rae North 362.151 NOR

A child who loses her lower leg due to cancer, has a prosthesis and impresses her friend at school in being able to compete in all kinds of physical activity. Age: 3 - 7

## ASTHMA

**Determined to Win: children living with allergies and asthma** – Thomas Bergman 616.238 BAR  
Story of a six-year-old girl who has been living with allergies almost her entire life. At age two, doctors discovered that she has asthma. With medical care, she leads an active life. Contains a glossary and bibliography. Grades 3-5

**Hometown Hero** – Barbara Aiello and Jeffrey Shulman 616.238 AIE  
Fifth-grader Scott reveals in his diary how he copes with his asthma and the outcome of his encounter with a homeless person in the library. Includes questions and answers about asthma and its treatment. Grades 4-6

**I'm Tougher than Asthma!** – Alden R. Carter and Siri M. Carter 616.238 CAR  
A young girl describes what it is like to live with asthma, how this condition affects the body, some of the things that trigger an attack, and what can be done to avoid problems.  
Grades 3-5, also a section for parents.

**Marathon Miranda** – Elizabeth Winthrop 616.238 WIN  
Miranda has always been limited by her asthma, but when she meets a jogger her own age who has a great attitude, Miranda decides to train for a six-mile race. Ages 8-12

**Zoo Allergy: a fun story about allergy and asthma triggers** – Kim Gosselin 616.238 GOS  
Illustrates the importance of identifying allergens and prevention, rather than simply treating symptoms of allergies and asthma after the fact.

## AUTISM

**Ian's Walk: a story about autism** – Laurie Lears 616.898 LEA  
A young girl realizes how much she cares about her autistic brother when he gets lost in the park.  
Ages 4-8

## BABIES

**Bringing Home the New Baby** – Bob Graham 649.1 GRA  
Initially the 2 older kids don't find the new baby at all interesting, but when he is brought home and makes a noise, they are very interested indeed! Ages 3-5

**Everett Anderson's Nine Month Long** – Lucille Clifton 649.1 CLI  
A small boy and his family anticipate the birth of their newest member.

**Getting to Know the New Baby** – Bob Graham 649.1 GRA  
The children feel that their parents are totally absorbed in the new baby, but when they get to know him a bit, they realize that he is a great addition to their Family Resource Center and Children's Library, 3rd Floor, Room 301 Children's Center Ages 3-5.

**Kiss Your Sister, Rose Marie!** – Nancy White Carlstrom 649.1 CAR  
Rose Marie is not at all sure that she likes having to deal with her new baby sister, Baby Boo. Grades 3-5

**The New Baby** – Cyndy Szekeres 649.1SZE  
Tiny mouse feels very neglected due to the new baby, but soon he is made to feel that he is respected because he is now big brother. Grades 1-3

**A New Baby at Koko Bear's House: A practical parenting read-together book**– Vicki Lansky 649.1 LAN  
The story of the arrival of a new baby at Koko's house will guide your child through the key stages of your pregnancy, delivery and homecoming.  
Dual text: one for parents, one for child.

**New Big Sister** – Debi Gliori 649.1 GLI  
A young girl describes her mother's pregnancy, from the first bout of morning sickness to the joyful delivery of twins. Preschool

**A Place For Ben** – Jeanne Titherington. 649.1 TIT  
When his baby brother is moved into his bedroom, Ben goes elsewhere in search of a place of his own but finds himself longing for company of some kind.

**A Sister for Sam (Care Bears)** – Evelyn Mason. 649.1 MAS  
Cheer Bear, a Care Bear from the Land of Care-a-lot who always knows the right thing to say, helps Sam overcome his anxiety and resentment against his brand new baby sister.

**Will There Be a Lap for Me?** – Dorothy Corey 649.1 COR

Kyle misses his time on Mother's lap while she is pregnant and is happy when the birth of his baby brother makes her lap available again. Preschool – Grade 1

### **BLADDER EXSTROPHY**

**A Story About You...and the boo-boo on your bladder: a book for girls/boys born with bladder exstrophy** – Catherine Brehm 616.6 BRE

Explains to young children what is meant by bladder exstrophy and the sequence of events that are likely to occur.

### **BRAIN DAMAGE**

**Bringing Nettie Back** – Nancy Wilson Hope 616.84 WIL

Eleven-year-old Clara's life is enriched by her friendship with the vibrant Nettie, whose family is so different from her own, but then a serious brain condition threatens to change Nettie forever.

### **BRAIN INJURY**

**Why Did it Happen on a School Day? My family's experience with Brain Injury** – 616.84 WHY

Fictional story about a child's experiences after his father is injured. Helps children to gain an understanding of brain injury and its consequences.

**Broken Arrow Boy** – Adam Moore 362.1 MOO

Adam Moore describes how he suffered a serious brain injury and recovered with medical help and family support. Ages: 8 - 10

### **BROTHERS AND SISTERS**

**Hi, My Name is Jack** – Christina Beall-Sullivan 362.1 BEA

Jack has a sister Molly who is often sick, and has to go to the hospital. He experiences loneliness, resentment and anger, and then feels very guilty when he is mean to Molly. His parents give him special time together, and he knows that mom and dad and Molly love him all the time. Ages: 2 - 6

**My brother, Matthew** – Mary Thompson 362.15 THO

Though David knows frustration and resentment at times, he feels he understands his little brother even better than his parents; and together the two boys experience a great deal of joy.

**What About Me? When Brothers and Sisters Get Sick** - Allan Peterkin 618.92 PET

Laura experiences conflicting emotions when her brother becomes seriously ill. Includes suggestions for parents to help their well children cope with a chronically ill sibling.

### **BULLYING**

**My Secret Bully** --- Trudy Ludwig 155.418

A girl confides to her mother that her best friend is treating her badly, and together they figure out what to do about it.

### **CANCER**

**Dear Bruno** – Alice Trillin 616.994 TRI

In this letter to a friend's son who has just been diagnosed with cancer the author shares her own experiences with a tumor on the lung, and offers a listening heart. Grades 3-6

**Henry and the White Wolf** – Tyler and Tim Karu 616.994 KAR

For one courageous little hedgehog it means facing his darkest fears, such as the White Wolf. Or the uncertainty of change, like when all his quills fall out. In this inspiring tale about the journey back to health, a hedgehog named Henry clings to his good-luck stone, and using all of his inner strength finds his way out of illness.

**Kathy's Hats: a story of hope** – Trudy Krisher 616.994 KRI

Kathy's love of hats comes in handy when the chemotherapy treatments make her hair fall out. Preschool – Grade 3

**Problem With Hair: a story for children who are learning about cancer** – Karen Sue Foss 616.994 FOS

All the kids in the neighborhood complain about their hair. When Louella comes back from the hospital she is afraid that her friends will tease her about her lack of hair, but they tell her that she is so lucky that she doesn't have a problem with her hair, and have bought her a hat.

**Secret Magic** – Zeno Zeplin 616.994 ZEP

When Laura's hair loss due to cancer treatments makes her the object of her classmate's teasing, her uncle David comes up with a plan to win her friends. 3-5 grade

**The Year My Mother Was Bald** – Ann Speltz 616.994 SPE

Clare keeps a journal that describes the medical treatments her mother undergoes for breast cancer, her family's experiences, and her own feelings and concerns.

**CEREBRAL PALSY**

**Barry's Sister** – Lois Metzger 616.836 MET

Twelve-year-old Ellen's loathing for her new baby brother, Barry, who has cerebral palsy, gradually changes to a fierce, obsessive love, and she must find a proper balance for her love.

Ages 10-12

**Howie Helps Himself** – Joan Fassler 616.836 FAS

Though he enjoys life with his family and attends school, Howie, a child with cerebral palsy, wants more than anything else to be able to move his wheelchair by himself. Grades 1-3

**I'm Joshua & "Yes I Can"** – Whinston, Joan Lenett 616.836 WHI

An honest look at a very special day in the life of a handicapped child. Grades 3 – 6

**I'm the Big Sister Now** – Michelle Emmert. 362.1 EMM

Nine-year-old Michelle describes the joys, loving times, difficulties, and other special situations involved in living with her older sister Amy Emmert, who was born severely disabled with cerebral palsy. Ages:9 - 12

**COPING WITH DEATH AND DYING**

**Am I Still a Sister?** – Alicia M. Sims, 1986 155.937 SIM

Letters and words from Alicia, the 4 year old sister who loses her brother when he is a year old due to brain cancer.

**Annie and the Old One** – Miska Miles, 1971 155.937 MIL

Annie who is American Indian slowly accepts the fact of her grandmother's death.

**Badger's Parting Gifts** – Susan Varley 155.937 VAR

Badger's friends are sad when he dies, but they treasure the legacies he left them.

**Balloons for Trevor** – Anne Good Cave 155.937 CAV

The little boy's best friend, Trevor dies. His parents tell him that his body just quit. He has a great deal of very mixed emotions, as he tries to come to terms with the death.

**Beat The Turtle Drum** – Constance C. Greene FRC 155.937 GRE

The 2 sisters Joss and Kate both enjoy riding horses. All was fine, until an unforeseen accident occurs which changes their lives forever.

**A Begonia for Miss Applebaum** – Paul Zindel 155.937 ZIN

After learning that their favorite teacher hasn't very long to live, Henry and Zelda become Miss Applebaum's Saturday companions. They visit Central Park, museums, etc. however Miss Applebaum can't escape the inevitable. Will Henry and Zelda be able to carry out her last wish? Ages 12 and up.

**Beyond the Ridge** – Paul Goble 155.937 GOB

At her death an elderly Plains Indian woman experiences the afterlife believed in by her people, while the surviving family members prepare her body according to their custom.

**Blackberries in the Dark** – Mavis Jukes 155.937 JUK

Nine year old Austin visits his grandmother the summer after his grandfather dies. Together they try to come to terms with their loss.

**The Boy and the Dolphin** – John Christopher Fine 155.937 FIN

The boy grieves for the loss of his father. While fishing he comes across a dead dolphin, and puts it back into the water. Somehow he realizes that life has to continue, in spite of death.

**Daddy's Chair** – Sandy Lanton 155.937 LAN

When Michael's father dies, his family sits shiva, observing the Jewish week of mourning, and remembers the good things about him.

**Daddy's Promise** – Cindy Klein Cohen and John T. Heiney 155.937 COH

The story of a little boy's journey of discovery after the death of his father.

**The Dead Bird** – Margaret Wise Brown 155.937 BRO

The children find a bird which has just died, and is still warm. He gets colder as they are touching him, and his body grows stiff. They were very sorry the bird was dead, and would not fly again, but pleased that dig

a grave and bury it and sing to it the way grown-up people did when someone died. So they took it into the woods and dug a hole, and wrapped the bird up in grapevine leaves and put it in the ground. Then they put flowers on top of it. And every day, until they forgot they went and sang to their little dead bird and put fresh flowers on his grave.

**The Dead Tree** – Alvin Tresselt 155.937 TRE

The story of a tree which flourishes until it becomes very old and then starts deteriorating.

**Death be not Proud** – John Gunther 155.937 GUN

A father's account of his son's extreme bravery in his fight against a brain tumor.

**Dusty Was My Friend** – Andrea Fleck Clardy 155.937 CLA

Eight-year-old Benjamin remembers his friend Dusty, who was killed in a car accident, and tries to understand his own feelings about losing a friend in this way.

**The Empty Place** – Roberta Temes 155.937 TEM

A third grader must cope with the death of his older sister. Feeling responsible for her death, the boy is finally able to **open** his heart to Betsy, his babysitter, who has lost a brother in a car accident.

**Everett Anderson's Goodbye** – Lucille Clifton 155.937 CLI

Everett Anderson has a difficult time coming to terms with his grief after his father dies.

**The Fall of Freddie the Leaf** – Lea Buscaglia 155.937 BUS

How Freddie and his companion leaves change with the passing seasons, finally falling to the ground with the winter's snow, is an inspiring allegory, illustrating the delicate balance between life and death.

**Gentle Willow: a story for children about dying** – Joyce C. Mills 155.937 MIL

Amanda is upset that she is going to lose her friend Gentle Willow, but the Tree Wizards help her understand that her memories are gifts from her friend and that there are special ways of saying goodbye.

**A Gift for Tia Rosa** – Karen Taha 155.937 TAH

Carmela loves Tia Rosa. When she comes back from the hospital she teaches her to knit. When she dies, Carmela is very upset. Her mother helps her to keep the memory of the lady alive.

**The Gift of a Memory** - Richmond, Marianne 155.937 RIC

Looks at the acute feelings of early bereavement as a life altering state, and with all the questions that it arouses. Memories associated with the beloved are what remains.

**The Hickory Chair** – Lisa Rowe Fraustino 155.937

A blind boy tells of his love for his grandmother and of the gift she left him after she died. Ages 3 - 7

**I Carried You on Eagle's Wings** – Sue Mayfield 155.937 MAY

Deeply worried about his mother, whose terminal illness is approaching its final stages, Tony finds distraction by rescuing a gull with a broken wing and nursing it back to health.

**I had a Friend Named Peter** – Janice Cohn 155.937 JOH

When Betsy learns about the death of a friend, her parents answer questions about dying, funerals and the burial process.

**I Miss My Little Brother** – Lydia Allen 155.937 ALL

Child grieves for the loss of his little brother, who was sickly and dies.

**I Miss You: a first look at death** – Pat Thomas, 2001 155.937 THO

An exploration of the concept...all things die, all things are born, but life goes on.

**I Remember Miss Perry** – Pat Brisson, 2006 155.937 BRI

When his teacher, Miss Perry is killed in a car accident, Stevie and his elementary school classmates take turns sharing memories of her, especially her fondest wish for each day.

**"I Wish I Could Hold Your Hand..."** – Pat Palmer 155.937 PAL

Helps children identify feelings- from denial and anger to guilt and sadness- and to learn to accept and deal with them. Ages 9-12

**If Nathan Were Here** – Mary Bahr 155.937 BAH

A young boy grieves about the loss of his best friend and thinks about how things would be if he were still alive. Ages 4 -7

**Lost and Found: remembering a sister** – Ellen Yeomans, 2000 155.937 YEO

A preschool girl recounts her confusing thoughts and feelings after the death of her sister and the number of ways she continues to feel her sister's love. Ages 4-8

**Marianne's Grandmother** – Bettina Egger 155.937 EGG

Marianne remembers her grandmother, her funeral, and what she enjoyed doing with her when she was alive, and how it was when she was ill.

**Missing May** – Cynthia Rylant 155.937 RYL

After the death of her beloved aunt who has raised her, twelve-year-old Summer and her uncle Ob leave their West Virginia trailer in search of the strength to go on living.

**Nana Upstairs and Nana Downstairs** – Tomie de Paola 155.937 DEP

A small boy enjoys his relationship with grandmother and great-grandmother, but he learns to face their inevitable death.

**The Next Place** – Warren Hanson, 1997 155.937 Han

Describes heaven as a very peaceful, beautiful and spiritual place.

**No New Baby** – Marilyn Gryte 155.937 GRY

This is for those children whose expectant sibling dies.

**Phoenix Rising** – Cynthia Grant 155.937 GRA

Helen's death at eighteen from cancer, shatters the lives of her parents and siblings, especially her younger sister, Jessie, who tries to cope with her feelings of pain and confusion by reading pages from Helen's diary.

**Sad Isn't Bad: a good grief guidebook for kids dealing with loss** – Michaelene Mundy 155.937 MUN

**Saying Goodbye to Daddy** – Judith Vigna 155.937 VIG

Frightened, lonely, and angry after her father is killed in a car accident, Clare is helped through the grieving process by her mother and grandfather.

**Since My Brother Died** – Marisol Munoz- Kiehne, 2000 155.937 MUN

A little boy has lost his brother, and describes his feelings both at the time, and later.

**Some of the Pieces** – Melissa Madenski 155.937 MAD

A year after the death of the father, two children and their mother try to come to terms with their loss.

**A Summer to Die** – Lois Lowry 155.937 LOW

Thirteen-year-old Meg envies her sister's beauty and popularity. Her feelings don't make it any easier for her to cope with Molly's strange illness and eventual death.

**A Taste of Blackberries** – Doris Buchanan Smith 155.937 SMI

A boy recounts his efforts to adjust to the accidental death of his best friend through a harmless prank.

**Tear Soup** – Pat Schwiebert and Chuck Deklyen 155.937 SCH

Grandy, a wise woman makes tear soup in order to help her with her grief. Some of her neighbors give her what she needs, and others are not able to do so.

**Timothy Duck** – Lynn Bennett Blackburn 155.937 BLA

Timothy Duck's best friend got sick. Suddenly Timothy had all kinds of feelings he had never had before. He was scared, he was mad, and he was all mixed up and did not know what to do.

**Tiger Eyes** – Judy Blume 155.937 BLU

Davey has never felt so alone in her life. Her father is dead, and the rest of the family has moved to New Mexico to try to recover. She meets Wolf who can read her "sad eyes." He is the only person who seems to understand the rage and fear Davey feels.

**The Two of Them** – Aliko 155.937 ALI

Describes the relationship of a grandfather and his granddaughter from her birth to his death.

**Water Bugs & Dragonflies: Explaining Death to Young Children** – Doris Stickney

155.937 STI

As water bugs climb the lily stems to emerge and change into dragonflies, so do human bodies change and pass over into death

**What Is Goodbye?** – Nikki Grimes 155.937 GRI

Alternating poems by a brother and sister convey their feelings about the death of their older brother and the impact it had on the family.

**When Dinosaurs Die: a guide to understanding death** – Laurie Krasny Brown and Marc Brown

155.937 BRO

Explains in simple language the feelings people may have regarding the death of a loved one and the ways to honor the memory of someone who has died.

**When Grandpa Came to Stay** – Judith Caseley 155.937 CAS

When Grandpa comes to his house to stay, Benny enjoys his company and helps him to cope with Grandma's death.

**When I Die, Will I Get Better?** – Joeri and Piet Breebaart 155.937 BRE

A six-year-old boy tries to come to terms with the death of his younger brother by creating a story about 2 rabbit brothers that closely parallels his own experiences. Ages: 2 - 7

**When Violet Died** – Mildred Kantrowitz 155.937 KAN

Saddened by her pet's death, Eva suddenly thinks of a way to make life go on forever.

**Where's Jess** – Joy Johnson 155.937 JOH

A story for very young kids on the subject of losing a sibling and what that means.

**The Wishing Tree** – Roseanne Thong 155.937 THO

At the wishing tree on Lunar New Year with his grandmother Ming's wishes always seemed to come true, but one year the tree does not help him, and he alone must make peace with the loss of his grandmother and the spirit of the tree.

**COPING WITH ILLNESS**

**Invincible Summer** – Jean Ferris 362.1 FER

A novel for teenagers, where a boy and a girl meet up and with their relationship, help each other to cope with their illness. Young adults

**Little Tree: a Story for Children With Serious Medical Problems** – Joyce C. Mills (see under "Wounds and Injuries")

**The Moose with Loose Poops** – Charlotte Cowan 616.3 COW

A moose starts off vomiting, and then has diarrhea. He is comforted and reassured all the way.

**DEATH OF A PET**

**The Tenth Good Thing About Barney** – Judith Viorst 155.937 VIO

In an attempt to overcome his grief, a boy tries to think of the best things about his dead cat.

**Growing Time** – Sandol Stoddard Warburg

Jamie learns that King, his dog is getting old and soon will die. After King dies, Jamie feels sadness, faces the reality and meaning of death, and finally begins to accept the continuity of life. Ages 5-8

**I'll Always Love You** – Hans Wilhelm 155.937 WIL

The little boy takes very good care of his dog, and always tells her that he loves her. She grows faster than him, and fatter and fatter, and when she is taken to the vet, he says that there is not much that can be done as she is old. She dies later, and he is very sad but says that it helped him as he had told her every night that he would always love her.

**DEPRESSION**

**Amazing Gracie** – A. E. Cannon 616.8527 CAN

A high school girl has a lot to deal with in her sophomore year when her beloved mother who is a victim of depression remarries, a new brother is acquired, and the family moves to Salt Lake City. Ages 12 and up

**DIABETES**

**The Dinosaur Tamer and Other Stories for Children with Diabetes** – Marcia Mazur 616.462 MAZ

A collection of 25 stories portraying children with diabetes doing unusual things such as expressing their emotions, coping with difficulties, and having fun.

**Grilled Cheese At Four O'Clock in the Morning** – Judy Miller 616.462 MIL

The main character Scott, learns to cope with his diabetes and learns some important lessons about himself and life. Ages: 8-12

**A Portrait of Me** – Barbara Aiello and Jeffrey Shulman 616.462 AIE

Eleven-year-old Christine copes successfully with her diabetes but finds it much more difficult to come to terms with the demands of her Greek-American heritage. Includes a section of questions and answers about diabetes and its treatment. Grades 3-6

**Sarah and Puffle: A Story for children about Diabetes** – Linnea Mulder 616.462 MUL

Upset by the restrictions imposed by her diabetes, Sarah dreams about a talking sheep who helps her accept her condition

### **DIVORCE**

**Always, Always** – Crescent Dragonwagon 301.4284 DRA

A little girl discovers that although her parents are divorced, it in no way changes their love for her.

**Dinosaurs Divorce: A Guide for Changing Families** – Laurene Krasny Brown & Marc Brown 301.4284 BRO

A picture book to help young children and their families deal with the confusion, misconceptions, and anxieties apt to arise when divorce occurs. Its simple, direct text and lively, often funny illustrations of dinosaurs in situations every child can relate to, make it a very worthwhile read.

**I Wish I had My Father** – Norma Simon 301.4284 SIM

Father's Day is tough for a boy whose father left him years ago and never communicates with him.

**Mommy and Daddy are Divorced** – Patricia Perry & Marietta Lynch 301.4284 PER

A picture book to be read to young children. Deals with the feelings and difficulties involved in divorce

**Two Homes to Live in: A Child's Eye View of Divorce** – Barbara Shook Hazen 301.4284 HAZ

A little girl explains how she came to terms with her parents' divorce.

**Why is Daddy Leaving?** – Clairence Feagin 301.4284 FEA

2 stories; 1 for children; 1 for parents

### **DOWN SYNDROME**

**We'll Paint the Octopus Red** – Stephanie Stuve-Bodeen

Emma and her brothers discuss what they will do when the new baby arrives, but the adjust their expectations when he is born with Down syndrome.

### **DWARFISM**

**Never Sell Yourself Short** Stephanie Riggs 616.47

Josh, a short-statured boy is a typical teenager and likes sports and spending time with his friends. He talks about the many challenges he faces living in a world scaled for people five and six feet tall, but his spirit places no limits on spirit and determination. 10- 14

### **DYSLEXIA**

**Josh: a boy with dyslexia** Caroline Janover 616.8553 JAN

Josh struggles to live down the stigma of his learning disability, dyslexia, and receive both respect and friendship from his peers. Includes information on the characteristics of dyslexia and a list of organizations that deal with learning disabilities. Grades 4-6

### **EMOTIONS AND FEELINGS**

**Dr. Gardner's Fables of Our Times** – Richard A. Gardner 155 GAR

A collection of original fables by Richard A. Gardner, who is a child psychiatrist. He uses animals to illustrate human behavior, which could be used with children to discuss their feelings.

**I Have Feelings** - Terry Berger 152.4 BER

The author has feelings which like everyone's are often unpleasant, such as: anger, disappointment, shyness, shame, sadness, jealousy, fear, and also pleasant like; pride, joy, bravery, importance, happiness.

**On Monday When it Rained** - Cheryl Kachenmeister FRC 152.4 KAC

A young boy describes, in text and photographs of his facial expressions, the different emotions he feels each day.

**The Moon Balloon** – Joan Drescher 152.4 DRE

The Moon Balloon "is a gem of a book and will delight all who read it and experience the beautiful, empowering images. Imagery is a way for children to open to their healing potentials of mind, body, and spirit. This book can be used again and again to remind children of the power of the imagination in healing."

**The Way I Feel Janan Cain** 152.4 CAI

Pictures represent different moods, such as excitement, fear, happiness, sadness, anger, pride.

**When I Feel Angry** – Cornelia Maude Spellman 649.6 SPE

A little rabbit describes what makes her angry, and the different ways she can control her anger.

**When I Feel Scared** – Cornelia Maude Spellman 152.4 SPE

Explains that many things can be frightening and provides examples of different things one can do to feel less afraid, such as asking for help from a person one trusts. Includes information and extension activities for parents or teachers.

**When I Feel Afraid** – Cheri J. Meiners 152.4 MEI

Explains that many things can be frightening and provides examples of different things one can do to feel less afraid, such as asking for help from a person one trusts. Includes information and extension activities for parents or teachers.

**When Sophie Gets Angry – Really, Really, Really Angry** – Molly Bang 649.6 BAN

Sophie can get very angry, and has her own way of coping with her anger. She runs out and climbs her favorite tree, and then returns home quite calm.

### EPILEPSY

**Becky the Brave: a Story about Epilepsy** – Laurie Lears 616.853 LEA

Becky's younger sister is able to speak to the kids in Becky's class, clarifying the issues surrounding epilepsy.

**Dotty the Dalmation has Epilepsy** 616.853 DOT

Dotty is the mascot for the fire engine. She is disappointed when she discovers she has a seizure, but is told that with medicine, it can be controlled, and that the German Shepherd who saved a child from a huge fire at the department store, also has epilepsy but won't let it get him down.

**Lee, the Rabbit with Epilepsy** – Deborah M. Moss 616.853 MOS

Lee is diagnosed as having epilepsy, but the medicine to control her seizures reduces her worries and she learns that she can still lead a normal life.

**Trick or Treat or Trouble** – Barbara Aiello and Jeffrey Shulman 616.853 AIE

Just as friend sometimes misunderstand about his epilepsy, Brian's misconceptions about a funeral home are cleared up on Halloween night. Concludes with a question-and-answer section in which Brian discusses the causes and treatment of epilepsy.

### FOSTER HOME CARE

**Mama One, Mama Two** – Patricia MacLachlan 646.78 MAC

A young child lives with a foster family until her own mother is well enough to care for her. Grades 3-6

### GUILT

**I Know I made It Happen: A Gentle Book About Feelings** – Lynn Bennett Blackburn 155.937 BLA

Accounts from a child's perspective about her reaction to events. She somehow feels that she is responsible for whatever had happened.

### HEARING DISORDERS

**My Sister's Silent World** – Catherine Arthur 617.8 ART

A child describes her sister's hearing problem and the family's visit to the zoo. Preschool – 3 Grade

**Silent Lotus** – Jeanne M. Lee 617.8 LEE

A young deaf girl, becomes a temple dancer. Brings to life the thousand-year-old tradition of the Cambodian court ballet, and the quiet triumph of an eloquent young dancer. Grades 1-4

### HEART

**Blue Lewis and Sasha the Great** – Carol Donsky Newell 616.12 NEW

Blue Lewis was born with a heart defect which prevents him from playing like other children. Surgery repairs his heart. His dog Sasha helps him relate to other children. Grades 1 – 4

**Pump the Bear** – Gisella Olivo Whittington 616.12 WHI

Baby bear was born with a heart defect. People prayed for him to get better, and the doctors and nurses were able to heal his heart.

**A Night Without Stars** – James Howe 362.151 HOW

When eleven-year-old Maria must go to the hospital for open-heart surgery, she finds strength in her friendship with a badly scarred burn victim. Young Adults

### HOSPITALS

**Becky's Story: a book to share** – Donna Baznik 617 BAZ

Becky gives her account of what it feels like for her when her brother is in hospital after having suffered an accident. Preschool – Grade 3

**Carolina's Story: Sea Turtles Get Sick Too** – Donna Rathmell 617 RAT

The photo journal of "Carolina," a critically ill loggerhead sea turtle, as she is cared for and nursed back to health at the Sea Turtle Hospital. Just like hospitalized children, Carolina goes through a variety of emotions and procedures during her care, recovery process, and her eventual release back to her home - the ocean.

**Curious George Goes to the Hospital** – Margaret and H.A. Rey 617 REY

George, the monkey swallows a part of a jigsaw puzzle, gets a tummy ache, and has to visit the hospital. He gets a barium meal, is x-rayed and has to have an operation to get the piece out. He stays in the hospital for a few days. Preschool to Grade 2

**Fuzzy and Frankie** – Susan Murray 617 MUR

The story is told by a teddy bear named Fuzzy, who accompanies his young owner Frankie, to the hospital. Fuzzy describes the hospital and Frankie's treatment. Offers suggestions about how children can cope with hospitalization. Preschool

**Max's Daddy Goes to the Hospital** – Danielle Steel 617 STE

When his father is injured while rescuing three children from a fire, Max is very worried about him until he is finally allowed to visit him in the hospital. Preschool

**Miffy in the Hospital** – Dick Bruna 617 BRU

Miffy has to have her tonsils out, so she is taken to the hospital. Told very simply. Preschool

**A Visit to the Sesame Street Hospital** – Debbie Hautzig 617 HAU

Grover visits the hospital to find out what to expect when he goes to have his tonsils out. Preschool – Grade 3

**The Wellness Tree** – Judith Cox 617 COX

The Wellness Tree acts as the hospital for all sick animals, who suffer from Otitis, Pharyngitis, fractures etc. Dr. Hippidy Hoppin, Dr. Dinosaur and other animal doctors take care of the patients. Pres. – 1<sup>st</sup> grade

**When Molly was in the Hospital: a book for brothers and sisters of hospitalized children** – Debbie Duncan 617 DUN

Anna's little sister Molly needs to go to the hospital for an operation. In this sensitive and emotional story, Anna tells about the experience from her point of view.

**HUMOR AS AN AID TO RECOVERY**

**Jamie Drum's Massive Recovery** – Paul Davies FRC 152.4 DAV

Jamie has a serious illness, and his parents and the doctor tell him that he does not have long to live. He refuses to accept this. He battles with the system and his illness and emerges successful, using some strange powers he is able to conjure up. The whole tone of this book is one of comic relief and a sense of the ridiculous, and as such it is very refreshing. Ages 9-12

**This is a Hospital Not a Zoo** – Roberta Karim 617 KAR

Hospital patient Filbert MacFee transforms himself into a series of animals to avoid some unpleasant medical procedures, making the nurses so frustrated that he is finally allowed to go home.

**HYDROCEPHALUS**

**All About Me (and my shunt)** 616.8 BEL

A very simple book with ample illustrations explaining what is the purpose of the shunt, and What to watch out for

**HYPERACTIVITY**

**Hip-Hop the Hyperactive Hippo** 616.8588 HIP

Hip-Hop thinks and acts much like a child who has Attention Deficit Hyperactivity Disorder (ADHD). He is inattentive, distractive, hyperactive, and impulsive.

**Shelley, the Hyperactive Turtle** – Deborah M. Moss 616.8589 MOS

After his mother takes him to the doctor, Shelley the turtle begins to understand why he feels so jumpy and wiggly inside that he can't sit still.

## IMAGINATION AS AN AID TO HEALING

### **The Huge Bag of Worries** – Virginia Ironside 152.4 BRO

Jenny was a happy little girl until she started accumulating worries. She woke up one day to find a whole bag of worries, which got bigger and bigger. She did not know what to do, and in despair sat down next to the bag and began to cry. The old lady from next door came to her aid. She suggested that she open the bag to let the worries out as they don't like light. She told Jenny that the secret was to slowly take out the worries and to show them to someone else and they will soon go away.

### **Imagine a Rainbow: A Child's Guide For Soothing Pain** – Brenda S. Miles 618.92 MIL

A child in pain is encouraged to use the imagination to distract from the pain. Ages: 4 - 8

### **Jamie Drum's Massive Recovery** – Paul Davies (see in 'humor as an aid of recovery')

### **The Moon Balloon** – Joan Drescher 152.4 DRE (see description in "Emotions and Feelings.")

### **The Sunshine Box: Millie's fanciful journey to hope** – Millicent Moss 616.08 MOS

In this timeless children's classic set in the forties, a young girl who becomes seriously ill is given a special gift called "The Sunshine Box." During the girl's lengthy recovery, the contents of the mysterious box are a source of continued imaginative pleasure and joy.

## LEARNING DISABILITIES

### **Secrets Aren't Always for Keeps** – Barbara Aiello and Jeffrey Shulman 616.85889 AIE

After successfully hiding her learning disability problems from her Australian pen pal, Jennifer becomes very apprehensive when her friend announces she is coming for a visit and wants to spend a day at her school.

## LEUKEMIA

### **The Christmas Spurs** – Bill Wallace 155.937 WAL

A small private miracle one Christmas helps Nick accept the fate of his younger brother Jimmy, who is dying of leukemia, and go forward with renewed faith.

### **Friends Till the End** – Todd Strasser 616.994 STR

The new student in the senior class develops leukemia and affects the lives of his students in various ways.

### **Hang Tough, Paul Mather** – Alfred Slote 616.99419 SLO

A baseball pitcher with an incurable blood disease is determined to get in as much time on the mound as possible. Young adults

### **Hunter in the Dark** – Monica Hughes 616.99419 HUG

A teenage boy goes on a secret hunting trip alone in an effort to come to terms with his leukemia, and to test his strength and resourcefulness in battling the elements and stalking the white-tailed deer that is his quarry. Young adult.

### **Patty Gets Well** – Patricia Dendtler Frevert 616.99419 FRE

Patty Ness learned that she had leukemia at age ten. With the help of her large and loving family, teachers and friends at school, and a caring doctor, Patty won her battle against leukemia.

### **Sadako and the Thousand Paper Cranes** – Eleanor Coerr 616.99419 COE

Sadako Sasaki developed leukemia as a result of radiation when an atomic bomb was dropped on Hiroshima, Japan. Her friend visited her in the hospital, bringing a piece of gold paper that she had cut into a large square. She folded the paper, creating a beautiful crane, saying "If a sick person folds one thousand paper cranes, the gods will grant her wish and make her well again." Sadako folded 644 cranes, her classmates folded the rest. The flock hung above her bed on strings. Sadako died at age twelve. Today Sadako is a heroine to the children of Japan, who visit her memorial in the Hiroshima Peace Park and leave the paper cranes they make in her honor. Grade 5

### **Why, Charlie Brown, Why?** – Charles M. Schulz 616.99419 SCH

The members of the Peanuts gang have varying reactions when they learn that their friend Janice has leukemia and they follow her treatment and ultimate recovery.

## LIMB LOSS

### **Harry and Willy and Carrothead** – Judith Caseley. 362.151

Three boys overcome prejudicial ideas about appearances and become friends. Ages: 3-7

## LOSS

**Harry's Mom** – Barbara Ann Porte 155.937 POR

A read-alone book for young readers. Harry has never known his mother. She died when he was a year old. He misses her, but gains a lot of comfort by talking to his father and his family about his mother.

## MENTAL RETARDATION

**A Special Kind of Sister** – Lucia B. Smith 616.8588 SMI

A young girl describes her relationship with mentally handicapped brother. Grades 1-3

## MOVING

**I want to go Home** – Alice McLerran 648 MCL

A new cat named Sammy helps Marta adjust to the move to her new house. Grades 3-6

## MUSCULAR DYSTROPHY

**See Ya, Simon** - David Hill 155.937 HIL

Over the years, fourteen-year-old Nathan has learned a lot about muscular dystrophy, from his best friend but is unprepared for Simon's rapid decline and approaching death.

## NIGHTMARES

**I Had a Bad Dream: a book about nightmares** – Linda Hayward 649.6 Hay

Jason has a bad dream, and after telling his father about him, his father hugs him and helps to reassure him that all is well. Preschool – 1<sup>st</sup> Grade

**Sam's Worries** – Maryann Macdonald 649.1019 MAC

When Sam's mother can not reassure him, his bear comes to the rescue with a plan that not only puts Sam at ease and lets him sleep, but also guarantees that no bogeyman or vampires will ever get near his bed. Preschool – Grade 3

**Scary Night Visitors: a Story for Children with Bedtime Fears** – Irene Winerman Marcus 649.6 MAR

Helps children understand the origin of their fears, rather than just explaining, for example, the ghost as wind howling throughout the trees, etc. Makes it less likely that one fear will be replaced by another. Parents reading to children.

## OLD AGE

**Always Gramma** – Vaunda Micheaux Nelson

A loving grandchild describes what it is like when Gramma becomes increasingly confused and forgetful, to the point that she can no longer care for herself. Grades 1-3

## MUTISM

**Sarah's Surprise** – Nan Holcomb 626.855 HOL

Six-year-old Sarah, mobile but unable to talk, wants to sing "Happy Birthday" for her mother and is able to provide a birthday surprise with help from her therapist and a new augmentative communication device. Preschool – Grade 1

## PHYSICAL CHALLENGES

**Arrowhawk** – Lola M. Schaefer 362.1 SCH

Based on the true story of a bird of prey's survival after being struck by a poacher's arrow. Ages: 5 – 9

**Fanny** – Stephen Cosgrove 362.151 COS

Fanny is a 3-legged cat. Most of the animals on the farm ignore her, until a puppy comes along who loves to lick. The animals dare him to lick Fanny. The 2 of them make friends, and the other animals become curious and find out that she is interesting after all.

**The Balancing Girl** – Berniece Rabe. 362.151 RAB

A first grader who is very good at balancing objects while in her wheelchair and on her crutches thinks up her greatest balancing act ever to benefit the school carnival.

**Nick joins In** – Joe Lasker 362.151 LAS

When Nick, confined to a wheelchair, enters a regular classroom for the first time as a result of U.S. Public Law 94-142, he and his new classmates must resolve their initial apprehension about mainstreaming. Grades 1-3

**A Night Without Stars** – James Howe 362.151 HOW

When eleven-year-old Maria must go to the hospital for open-heart surgery, she finds strength in her friendship with a badly scarred burn victim. Age: young adult

### **PREMATURE BABIES**

**Believe in Katie Lynn** – Bartholomew Resta 618.9201 RES

Katie Lynn is a preemie. At the point this story was written, preemies were not given to the parents to hold.

**Rosie and Tortoise** – Margaret Wild and Ron Brooks 618.92911 WIL

Rosie, the hare is afraid to hold her premature baby brother because he seems so fragile – until their father tells her a special story about a tortoise and a hare.

**Waiting for Baby Joe** – Pat Lowery Collins – 618.92011 COL

Text and photographs describe what happens when Missy's brother, Joe is born prematurely, and needs special care in the hospital, disrupting family routines and causing Missy to feel confused and left out.

### **PROSTHESES**

**Harry and Willy and Carrothead** – Judith Caseley 362.151 CAS

Three boys overcome prejudicial ideas about appearances, and become friends. Age: 3 - 7

**Burgess and Marie Bear** – Josie Horvath and Mary Hovancsek 362.151 HOV

Burgess is born with only 1 leg, and fares well with a prosthesis

### **PSYCHOTHERAPY**

**Ignatius Finds Help: a story about psychotherapy for children** – Matthew Galvin 616.891 GAL

Ignatius, a bear who has trouble getting along with others at home and school, visits a psychotherapist, Dr. Pelican, whose innovative techniques help Ignatius to solve his problems.

### **REMARRIAGE**

**Martha's New Daddy** – Danielle Steel 646.78 STE

Five-year-old Martha is troubled by her mother's impending marriage, but talking things over with her understanding father helps her to view the situation with enthusiasm after all.

**My Mother's Getting Married** – Joan Drescher 646.78 DRE

Katy is very angry that her mother is marrying again, because she is afraid that she will love Ben more than her, and that she will never be able to enjoy being on her own with her mother again. Her mother assures her that it is not the case, and she feels better. 3-7

**Jennifer has Two Daddies** – Priscilla Galloway 646.7 GAL

Jennifer knows that both her father and her stepfather love her very much, but she feels very insecure when her father decides to go away for a few weeks. The situation resolves itself where her father reconfirms his love for her.

### **RHEUMATOID ARTHRITIS**

**Angie and Me** – Rebecca C. Jones 616.7227 JON

During her stay at a children's hospital where she is treated for juvenile rheumatoid arthritis, twelve-year-old Jenna comes to terms with her illness. Young adults

### **SCOLIOSIS**

**Deenie** – Judy Blume 616.73 BLU

Beautiful Deenie, who everyone says should be a model, is stuck wearing a brace from her neck to her hips to control her scoliosis for 4 years or longer. Young Adults

### **SELF-ACCEPTANCE**

**I Wish I Were a Butterfly** - James Howe 155.2 HOW

Because frog told him he was ugly, the littliest cricket now longs to be a pretty butterfly – until a spider teaches the cricket that all friends are beautiful. Howe's charming story and Young's dreamy illustrations combine to create a memorable tale of friendship and self-esteem.

**A Firefly Named Torchy** Bernard Waber 155.2 TOR

Early each night the fireflies come out to dance. They twinkle and glow and flash secret messages to each other. Together they make a thousand chandeliers. All except Torchy. When he turns on his light it suddenly becomes as bright as day. Thinking that it's morning, baby birds cry out to be fed and earthworms scramble for cover. Torchy's bright light ruins the fireflies' fun and all the forest animals are angry with him for disturbing their sleep. Torchy goes off to be alone and, in the course of his adventures, discovers that there are all kinds of lights in the world. Ages 4-8

**Sassafras** – Audrey Penn 155.2 PEN

Sassafras, the little skunk, develops self-esteem when he learns the value of his 'special gift' while playing with his friends in the woods. Ages 3-6

**Short Mort and the Big Bully** – Kim Amer and Marlene Brill 646.7 AME

Children who have short stature sometimes experience situations that may undermine their feelings of self-worth. Helps children who are short cope.

### **SIBLING RIVALRY**

**A Baby Sister for Herry** - Emily Perl Kinsley 649.1 KIN

After the birth of his sister, Herry has to adjust to life with a new baby in the house. Ages 2-3

**The New Baby at Your House** – Joanna Cole, 1998 649.1 COL

Describes the activities and changes involved in having a new baby in the house and the feelings experienced by the other brothers and sisters.

**Nobody Asked Me If I Wanted a Baby Sister** – Martha Alexander 649.1 ALE

The brother tries to get other people to take over his baby sister, but she is not happy with anyone besides him! Preschool – Grade 1

**A Place for Ben** – Jeanne Titherington 649.1 TIT

When his baby brother is moved into his bedroom, Ben goes elsewhere in search of a place of his own but finds himself longing for company of some kind.

**A Sister for Sam** – Evelyn Mason 649.1 MAS

Cheer Bear, a Care Bear from the Land of Care-a-lot who always knows the right thing to say, helps Sam overcome his anxiety and resentment against his brand new baby sister.

**What About Me? When Brothers and Sisters Get Sick** – Allan Peterkin 618.92 PET

Laura experiences conflicting emotions when her brother becomes seriously ill. Includes suggestions for parents to help their well children cope with a chronically ill sibling. 4 - 8

**When the New Baby Comes, I'm Moving Out** – Martha Alexander 649.1 ALE

A companion book to the above.

His mother starts redoing some of the items which he used as a baby, for the new one coming along, which enrages him. He says that he is going to throw his mother into the garbage bin, and move out and sleep in his tent. When he realizes that he would be missing a lot if he does that, he decides to stay put with his mother. Preschool – Grade 1

**Who's Going to Take Care of Me?** – Michelle Magorian 649.108 MAG

Having attended daycare with his sister, Eric wonders who will look after him, now that his sister is old enough to go to school.

### **SPINA BIFIDA**

**Janet at School** – Paul White 613 WHI

Five year old Janet has spina bifida and goes to the local school with all her friends. She can't do everything the others do, but she finds her own ways to join in, learning and enjoying with them.

### **STROKE**

**Now One Foot, Now the Other** – Tomie dePaola 362.1381 DEP

When his grandfather suffers a stroke, Bobby teaches him to walk, just as his grandfather had once taught him. Preschool through first grade

### **STUTTERING**

**Mary Marony and the Snake** – Suzy Kline

With the support of her mother and new classmates, Mary sees a speech therapist about her stuttering problem. Grades 1-3

### **SUICIDE**

**How Could You Do It, Diane?** – Stella Pevsner 362.28 PEV

After her sister's suicide, Bethany searches for the reason Diane chose to die. Young adult.

**Remembering the Good Times** – Richard Peck 362.28 PEC

A story of 3 very close friends, 1 of whom they realize afterwards they didn't know enough about, as this person takes his life. Young adult

### **TRAFFIC ACCIDENTS**

**Something Very Sorry** – Arno Bohlmeijer 155.937 BOH

During a hospital stay after a serious traffic accident, nine-year-old Rosemyn worries about her own injuries and the condition of her father and young sister and comes to terms with her mother's death.

### **TRANSPLANTS**

**The Gift: for children who are bone marrow donors** – Heiney, Sue. & Sheldon Lamphier 617.9 HEI

The first part of the book includes a story and activities before and after the harvest. The second part of the book is to be used by adult caregivers and includes what being a donor means; steps in having a harvest; coping with tests.

**There's A Little Bit of Me in Jamey** – Diana M. Amadeo 616.99419 AMA

Brian, whose younger brother Jamey has Leukemia, feels frightened, confused, and neglected by his parents; but finds comfort when he donates bone marrow to his brother.

Audience: Young cancer patients and their siblings

### **TRAUMA**

**Brave Bart: A Story for Traumatized and Grieving Children** – Caroline H. Sheppard 155.4 SHE

Bart, a cat has suffered a trauma and doesn't know how to survive it. He is helped by a cat called Helping Hannah, who asks him to draw pictures in the sand, tells him that she knows other cats who have suffered a trauma, and gives him some helpful advice.

**A Terrible Thing Happened** – Margaret M. Holmes 155.4 HOL

After Sherman sees something terrible happen, he becomes anxious and then angry, but when a caring adult helps him talk about these emotions he feels better. Ages 4 - 8

### **VISUAL IMPAIRMENTS**

**Blueberry Eyes** – Monica Driscoll Beatty 617.7 BEA

7 year old Meaghan tells the story of her eye treatment from infancy to her operation at age 6. It explains why she needed glasses and eye surgery. It talks about her fears and questions, and how the doctor helped her. Her story has a very happy ending!

**A Cane in her Hand** – Ada B. Litchfield 617.7 LIT

A young girl finds ways to cope with her failing vision. Grades 3-6

**See You Tomorrow, Charles** – Miriam Cohen 617.7 COH

Charles is the new boy in the first grade, and he is blind. His classmates want to be helpful. Should they protect Charles or treat him like everyone else? No one knows for sure. Preschool – Grade 4.

**The Seeing Stick** – Jane Yolen 617.77 YOL

Relates how an old man teaches the emperor's blind daughter to see. Grades 3-6

### **WHEELCHAIRS**

**The Balancing Girl** – Berniece Rabe 362.151 RAB

A first grader who is very good at balancing objects while in her wheelchair and on her crutches, thinks up her greatest balancing act ever to benefit the school carnival. Preschool – Grade 2

**Nick Joins In** – Joe Lasker 362.151 (see description in PHYSICAL HANDICAPS)

**Rolling Along With Goldilocks and the Three Bears** – Cindy Meyers 362.151 MEY

In this updated version of a familiar folktale, Baby Bear gets around in a wheelchair and has a motorized bed which fascinates Goldilocks when she becomes friends with him after her surprise visit to the Three Bears' House. Ages: 3 - 7

**Princess Pooh** – Kathleen M. Muldoon 362.15 MUL

Jealous of her invalid sister's royal treatment as she sits in her wheelchair, Patty Jean tries out the conveyance, and discovers life in a wheelchair is no fun at all. Preschool through grade 3

**A Very Special Critter** – Gina Mayer and Mayer Mercer 362.151 MAY

When Alex enters a new school, students learn to accept him and his wheelchair. Preschool – Grade 2

### **WOUNDS AND INJURIES**

**Arrowhawk** – Lola M. Schaefer 362.1 SCH

Based on the true story of a bird of prey's survival after being struck by a poacher's arrow.

**Broken Arrow Boy** – Adam Moore 362.1 MOO (see "Brain Injury")

**Little Tree: a story for children with serious medical problems** – Joyce C. Mills 362.1 MIL

Although she is saddened that storm damage has caused her to lose some of her branches, Little Tree draws strength and happiness from the knowledge that she still has a strong trunk, deep roots, and a beautiful heart.

Contains directions for a relaxation exercise for children, the “Magic Happy Breath.” Ages 4-8

**Road Song** – Natalie Kusz 362.1 KUS

This is an autobiography. During their very first winter in Alaska, Natalie was attacked by a sled dog who tore away half of her face, and she lost an eye. She copes with this and many other difficulties in a remarkable way. Recommended for older children and adults.

*Revised 12/10*