
Family Resource Center
Johns Hopkins Children's Center, CMSC
Room 301

[Resources for Families Dealing With Premature](#)

[Infants](#) - *updated 10/13/08*

DEVELOPMENTAL AND BEHAVIORAL CHARACTERISTICS OF PRETERM INFANTS - Lynn B. Hadley, MA, Med., 1999

A quick reference highlighting some of the common behaviors and developmental characteristics seen in pre-term infants at particular ages, as well as the general implications of these behaviors and characteristics for care-giving.

YOUR PREMATURE BABY: EVERYTHING YOU NEED TO KNOW ABOUT CHILDBIRTH, TREATMENT, AND PARENTING - Frank Mangello and Theresa Fay Digeronimo, 1998

Provides essential information on procedures, equipment, and medications.

LOVING HANDS - Frederick Leboyer, 1976

Describes the flowing rhythms of the traditional Indian art of baby massage to communicate love and strength to infants in a primal language of touch and sensation.

BABY MASSAGE - Peter Walker, 1995

Massage has a valuable part to play in caring for babies with special needs. Research shows that touching stimulates the peripheral and autonomic nervous systems and the baby's major organs.

KANGAROO CARE: THE BEST YOU CAN DO TO HELP YOUR PRETERM INFANT - Susan M. Ludington-Hoe and Susan Golant, 1993

Kangaroo care (a special way of holding your infant that provides crucial health benefits-including shorter hospital stays) is a technique pioneered in leading neonatal centers worldwide.

NEWBORN INTENSIVE CARE: WHAT EVERY PARENT NEEDS TO KNOW - Jeanette Zaichkin, 2002

Reference manual for special care infants. Gives parents the tools to get involved in their baby's care.

PARENTING YOUR PREMATURE BABY AND CHILD: THE EMOTIONAL JOURNEY - Deborah L. Davis and Mara Tesler Stein, 2004

This book focuses on the parent's experiences, feelings, and relationships around the delivery, hospitalization, homecoming, and long-term parenting of the premature baby and child.

PREEMIES: THE ESSENTIAL GUIDE FOR PARENTS OF PREMATURE BABIES - Dana Wechsler Linden, Emma Trenti Paroli, and Mia Wechsler Doron, M.D., 2000

Dana Wechsler Linden and Emma Trenti Paroli, both mothers of children who were born prematurely, have joined neonatologist Mia Wechsler Doron, M.D. to write the book they wish had been available to them during their pregnancies and beyond.

PREMATURE BABIES: A GUIDE FOR PARENTS - W. H. Kitchen et al, 1998

A general guide for parents and immediate relatives, who are facing the birth of a premature infant.

TEXTBOOKS

NELSON'S TEXTBOOK OF PEDIATRICS - Richard Behrman, 15th edition 1996

INFECTIOUS DISEASES OF THE FETUS AND THE NEWBORN INFANT - Jack S. Remington and Jerome O. Klein, 1983

PROCEDURES IN INFANTS AND CHILDREN - Michele C. Walsh-Sukys and Steven E. Krug, 1997

STORY BOOKS FOR SIBLINGS OF PRETERM BABIES

BELIEVE IN KATIE LYNN - Bartholomew Resta, 1995

A story where a mother's trust in her preemie baby Katie Lynn, and her tender handling of her helps her to thrive, such that she grows up and becomes a nurse in the NICU, and has her own baby singing the same song her own mother sang to her .

KATIE'S PREMATURE BROTHER - Elizabeth Hawkins-Walsh

Helps young children understand and cope with the birth of a premature sibling

MOMMY, WHAT IS A PREEMIE - Diana Wilkie, 1985

Helps young children understand and cope with the birth of a premature sibling.

NO BIGGER THAN MY TEDDY BEAR - Valerie Pankow, 1987

A little boy describes how the hospital staff provided care for his premature baby brother.

ROSIE AND TORTOISE - Margaret Wild, 1999

Rosie the hare is afraid to hold her premature brother because he seems so fragile - until her father tells her a special story about a tortoise and a hare.

A SPECIAL GIFT FOR MIKE - Marlene Walden, 1988

A story about a little girl who has many of the feelings, fears, and resentments which is common for most children after the birth of a premature sibling. With the help of her parents, she learns to express and deal with these feelings.

WAITING FOR BABY JOE - Pat Lowery Collins, 1990

Text and photographs describe what happens when Missy's brother, Joe, is born prematurely and needs special care in the hospital, disrupting family routines and causing Missy to feel confused and left out.

WATCHING BRADLEY GROW: A STORY ABOUT PREMATURE BIRTH - Elizabeth Murphy-Melas, 1996

Shannon is the big sister who is waiting, sometimes patiently, sometimes not for her sibling to come back home.